

MEASHAM MEDICAL UNIT

Village Information Poster for JULY 2017

The Medical Unit is closed for staff training on Wednesday afternoon 12 July.

Summer's here ... and it's a great opportunity to join one of our outdoor walking groups (Tuesday or Thursday mornings). Or simply meet up with a friend and plan a short walk two or three times each week. And it's FREE!

Care Plans

Do you feel that you or your loved one needs more support to remain as well as possible and to avoid the risk of getting into a crisis situation, which means you may result in being admitted to hospital urgently?

Working with you or your family member to produce a care plan can give you peace of mind and reduce your risk of being admitted to hospital, when it can probably be avoided.

Would you like to develop a care plan to help you or a loved one avoid a health crisis? For more information, please ask for a Care Plan Leaflet from the Reception.

First Contact Plus is an online tool which helps adults in Leicestershire find information about a range of services all in one place. The initiative allows residents who require help with one or a number of issues to access a catalogue of information, advice, help and support. Information and resources on housing, health, living independently, money advice, work, security and other topics that assist the county's residents can be found on this site. For more information please visit: www.FirstContactPlus.org.uk